



HULL SURGICAL SKILLS TRAINING CENTRE

The Suture Centre

Laparoscopic Skill Course for Surgical Residents (FY2/CT1-ST3)

Wednesday, 25th February 2026

Venue: The Suture Skills Centre

Castle Hill Hospital, Cottingham, HU16 5JQ

Programme

08:45-09:00	Registration and Coffee	All
09:00-09:10	Welcome and Introduction to ALSGBI LAPPASS	Ms Safia Ahmed
09:10-09:30	Video and demonstration of manipulation and cutting tasks	Faculty
09:30-10:30	Skill Practice Dual instrument manipulation and cutting tasks	Faculty
10:30-10:45	Coffee Break	All
10:45-12:00	Skill Practice Endoloop application, Roeders knots and Suturing	Faculty
12:00-13:00	Lunch Introduction to tissue dissection and the Harmonic Scalpel and Staplers	All
13:00-14:45	Skills Practice Laparoscopic Cholecystectomy	Faculty
14:45-15:00	Coffee Break	All
15:00-15:45	Skill Practice and assessments Individuals to decide	Faculty
15:45-16:45	Discussion Feedback to be emailed Certificate to be emailed	Ms Safia Ahmed
17:00	Close	Ms Safia Ahmed



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Faculty:

Mr Peter Sedman Consultant Surgeon -The Hull University Teaching Hospital NHST

Mr Terence Lo Consultant Surgeon- The Hull University Teaching Hospital NHST

Mr Alex Wilkins Consultant Surgeon- The Rotherham NHS Foundation Trust

Mr Ahmad Ibrahim- Consultant Surgeon- The Hull University Teaching Hospital NHST

Mr Hamzah Chaudhary -MRCS, Ms Safia Ahmed- MRCS